

Menu Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Southern Fried Chicken Goujons	Homemade Chicken Tikka Masala	Fresh Roast Loin of Pork and Yorkshire Pudding	Homemade Cottage Pie or Homemade Minced Beef Pie	Harry Ramsdens Battered Fish Fillet
Main Meal (Vegetarian)	Moroccan Falafel Wrap	Homemade Cauliflower and Chickpea Curry	Quorn Frankfurter, Sauteed Onions in a Bun	Homemade Vegetable Pinwheel	Quorn Fishless Fingers
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Mixed Salad	Seasonal Selection	Seasonal Selection	Mixed Salad/Coleslaw	Baked Beans or Mushy Peas
Daily Carbohydrates	Chips	50/50 Rice Mini Vegetable Samosa	Skin on Roast Potatoes	Mashed Potatoes	Seasoned Potato Wedges
Daily Pasta	Pasta Pot With Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Homemade Fresh Fruit Salad	Frozen Strawberry Smoothie Tub	Homemade Pear Crumble, served with Custard	Cornflake Tart	Mousse Selection
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

Menu Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Southern Fried Chicken Breast served in a Bun	Fresh Pork Sausages Served with Yorkshire Pudding	Fresh Chefs Choice Chicken Wrap	Fresh Beef Chilli Con Carne with Rice and Tortilla Chips	Harry Ramsdens Battered Fish Fillet or Breaded Fishcake
Main Meal (Vegetarian)	Homemade Cheese and Tomato Pasta Bake	Roast Quorn Fillet Served with BBQ Sauce	Caramelised Vegetable Quiche	Homemade Vegetable Curry	Cheese Pizza Wedge
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Baked Beans Coleslaw	Seasonal Selection	Seasonal Selection	Seasonal Selection	Baked Beans , Mushy Peas or Coleslaw
Daily Carbohydrates	Hash Browns	Mashed Potatoes	Potato Wedges	50/50 Rice	Chips
Daily Pasta	Pasta Pot with Daily sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot with Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Ice-Cream Tub Selection	Homemade Fresh Fruit Salad	Jelly Selection	Homemade Iced Carrot Cake	Vegan Chocolate Cookie
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

Menu Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (Meat)	Fresh Chefs Choice Burger Served in a Bun	Homemade Beef Lasagne	Fresh Chefs Choice Roast of the Day, Served with Yorkshire Pudding	Cheese/ Pepperoni Pizza Wedge	Harry Ramsdens Battered Fish Fillet or Breaded Salmon and Sweet Potato Fishcake
Main Meal (Vegetarian)	Vegetable Nuggets	Homemade Vegetable Lasagne	Roast Quorn Fillet	Homemade Macaroni Cheese	Vegetable Burger served in a Bun
Freshly Baked Jacket Potatoes	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
Daily Vegetables	Seasonal Selection	Mixed Salad	Seasonal Selection	Seasonal Selection	Baked Beans, Mushy Peas or Coleslaw
Daily Carbohydrates	Fresh Seasoned Potato Wedges	Garlic Bread Slice	Skin on Roast Potatoes	Fresh Seasoned Potato Wedges	Chips
Daily Pasta	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
Grab & Go	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
Dessert of the Day	Fresh Fruit Salad	Homemade Cherry Sponge with Custard	All Butter Shortbread Biscuit	Jelly or Mousse Selection	Fresh Homemade Chocolate Muffin
Home Bakes	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
Fruit Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
Yoghurts	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours