

WEEK 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|--|--|--|---|
| GLOBAL ADVENTURE | Mild Caribbean chicken, coconut and pineapple curry 93153735 Wholegrain Rice* 93109633 | Beef Lasagne 93046483 Garlic Bread* (no oil) 93154277 | Roast Turkey 93108713 Roast Potatoes (oil) 93035127 Carrots 93065561 Gravy 93034775 | Cottage Pie 93098950 Cabbage 93143359 | Home-made Battered Fish Fillet 93105116 Chips (oil) 93124814 Peas 93065563 |
| HIGH STREET FAVES | Garlic & Herb Mac N Cheese with Crispy Onion Topping 93153887 | Smoky Cauliflower Cheese | Veggie Lasagne 93147227 | Veg Bolognese Pasta (v) 93102889 | Veg & Bean Wrap (Quesadillas) 93086623 |
| | Broccoli | Seasonal Salad | Paprika Wedges (no oil) 93130895 | Caesar Salad 93129328 | Chips (oil) 93124814 |
| | Sweetcorn 93094208 | BBQ Beans | Corn on the Cob 93130897 | Carrots | Coleslaw |
| | Apple Cracknell served with Custard 93098928 (fruit based) | Strawberry Cheesecake Pot 93156795 | Peach Sponge Tray Bake served with Custard 93147365 (fruit based) | Lemon Drizzle Cake 93084267 | Peach Crumble served with Chocolate Sauce 93147362 (fruit based) |
| SPEEDY ITALIAN | Veggie Supreme Pizza (v) 93135569 | Hawaiian Pizza 93128494 | Bacon Pizza 93041401 | 3 Cheese Sicilian Pizza (v) 93135631 | Veggie Hot One Pizza (v) 93128498 |
| | Veg Bolognese Pasta (v) 93102889 | Cheesy Penne Pasta 93143814 | Arrabiata Pasta (v) 93147953 | Chunky Vegetable Pasta 93137661 | Herby Tomato Pasta (v) 93147954 |
| | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 |

WEEK 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|---|---|--|
| GLOBAL ADVENTURE | <p>Pork Sausage, Mashed Potato and Red Onion Gravy (processed restricted) 93108722</p> <p>Peas 93065563</p> | <p>Beef Casserole (Barbecoa) 93130865 (Pulled BBQ Beef)</p> <p>Cajun Wedges (no oil) 93157065</p> | <p>Roast Pork 93098927</p> <p>Roast Potatoes (oil) 93035127 Carrots 93065561 Gravy 93034775</p> | <p>Creamy Chicken and Mushroom Casserole (Pot) 93147109</p> <p>Steamed Rice</p> | <p>Salmon Fishcake *** 93046537</p> <p>Chips (oil) 93124814</p> <p>Peas 93065563</p> |
| HIGH STREET FAVES | Vegetarian Sausage | Cheesy Penne Pasta 93143814 | Sweet Potato & Black Bean Wrap (enchiladas) 93129220 | Veg Bolognese Pasta (v) 93102889 | Quorn Sausage Pattie & Cheese Bun 93133732 |
| | Mashed Potato | Red Slaw 93130896 | Baked Garlic & Herb Wedges (no oil) 93157067 | Garlic Bread* (no oil) 93154277 | Chips (oil) 93124814 |
| | Carrots | Sweetcorn Salad 93153734 | Seasonal Cabbage 93143359 | Corn on the Cob 93130897 | Apple Slaw 93129265 |
| | Apple and Blackberry Charlotte served with Custard 93122003 | Chocolate Orange Mousse Crunch 93147412 | Strawberry & Peach Strudel served with Custard 93147356 | Carrot & Banana Slice 93156769 | Marble Cake with Custard 93042710 |
| SPEEDY ITALIAN | Veggie Hot One Pizza (v) 93128498 | Chicken Supreme Pizza 93128497 | Veggie Supreme Pizza (v) 93135569 | Bacon Pizza 93041401 | Sicilian Cheese & Tomato Pizza (V) 93137894 |
| | Arrabiata Pasta (v) 93147953 | Herby Tomato Pasta (v) 93147954 | Cheesy Penne Pasta | Vegetable Bolognese | Spicy Tomato Pasta |
| | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 | Margherita Pizza (v) 93041388 |

WEEK 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|--|---|--|--|
| GLOBAL ADVENTURE | <p>Beef Chilli 93129204</p> <p>Boiled Rice</p> | <p>Chicken Tikka Masala 93128001</p> <p>Wholegrain Rice * 93109633</p> | <p>Roast Beef 93108713</p> <p>Roast Potatoes (oil) 93035127</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p> | <p>Thai Red Chicken Curry 93143035</p> <p>Lime and Coriander Rice 93130499</p> <p>Broccoli</p> | <p>Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011</p> |
| HIGH STREET FAVES | <p>Loaded Triple Mac 'N' Cheese 93129233</p> | <p>Veg Bolognese Pasta (v) 93102889</p> | <p>Quorn Cheese Burger 93153364</p> | <p>Smoky BBQ Quorn Wrap 93154280</p> | <p>Italian Beany Pasta (Neapolitan) 93153362</p> |
| | <p>Chilli Broccoli</p> | <p>Crunchy Vegetable Salad 93080521</p> | <p>Baked Garlic & Herb Wedges (no oil) 93157067</p> | <p>Paprika Wedges (no oil) 93157066</p> | <p>Chips (oil) 93124814</p> |
| | <p>Caesar Salad</p> | <p>Corn Slaw 93153240</p> | <p>Baked Beans 93129227</p> | <p>Sweetcorn</p> | <p>House Slaw 93129626</p> |
| | <p>Strawberries & Creamy Rice Pudding 93136877</p> | <p>Chocolate Ice Cream 93086999</p> | <p>Apple and Blackberry Pie served with Custard 93042773 (fruit based) (pastry)</p> | <p>Strawberry Mousse Crunch 93147413 (fruit based)</p> | <p>Banana Bread with Chocolate Sauce 93119042</p> |
| SPEEDY ITALIAN | <p>Veggie Hot One Pizza (v) 93128498</p> | <p>3 Cheese Sicilian Pizza (v) 93135631</p> | <p>Mushroom & Sweetcorn Pizza (v) 93147170</p> | <p>Sicilian Cheese & Tomato Pizza (V) 93137894</p> | <p>Cajun Chicken Sizzler Pizza 93128496</p> |
| | <p>Chunky Vegetable Pasta 93137661</p> | <p>Italian Bean Pasta</p> | <p>Carbonara Pasta 93137662</p> | <p>Herby Tomato Pasta (v) 93147954</p> | <p>Arrabiata Pasta (v) 93147953</p> |
| | <p>Margherita Pizza (v) 93041388</p> | <p>Margherita Pizza (v) 93041388</p> | <p>Margherita Pizza (v) 93041388</p> | <p>Margherita Pizza (v) 93041388</p> | <p>Margherita Pizza (v) 93041388</p> |